

Hello, my name is Rita. Welcome to my website. You are here because you, or someone close to you was raped or abused. You are struggling to grab hold of your feelings and find out just who you are again. You are lost within yourself and the feeling of powerlessness and depression is more than you can handle.

I was thrown into a horrible life of abuse, violence, exposed to drug dealers, rage, and a life I knew nothing about. Yet, I was in the middle of this life and only survived by pure chance. Just before my 16th birthday, while working part time at a fast food place called Jimmy D's, an assistant manager called me in the back room after closing. Not thinking anything of this (as I worked with him for several months) he threw me in the storage room and raped me. Welcome to real life!

When I was 18, still working at the same place part time (the manager who raped was gone for good the next day, never to be found), the lady I worked with, some twenty five years older than me invited me to dinner one evening. We had gone out to eat many times in the past but this night was to be different. She set me up and I was kidnapped, beaten and gang raped. The entire event lasted over 7 hours. Following that night, my life took a turn for the worse and I married a child molesting, drug user/dealer who hid his actions well until it was too late for me.

This led me to a neighbor who became a friend of my ex-husband. My ex was attracted to low lives and they were constantly coming and going, in our home and in his life. His friends were always hitting on me and attempting sexual advances on me. This new neighbor knew I had no one to turn to and decided to take advantage of that. I would become his sex slave for the next two years. You ask why I never told anyone or tried to do anything? You may be thinking why I never ran away from this situation. With my first rape, no action or follow up took place. With the gang rape, my mother accused me by telling me it was my own fault, yelling at me, offering no help what-so-ever! The police at the hospital took the information and the names of two of the four rapist and the couple who set me up. By body was black from bruises and the semen was collected and still, with all that evidence, nothing ever happened.

When I divorced my ex, the judge ordered joint custody of our daughter, even with my ex having a child molesting conviction, a major theft conviction, two DUI's and various other minor offenses. He admitted on the stand that he did drugs, could not hold a job and in his own words said everything to indicate that he was an unfit parent. The justice system, my mother and my oldest brother let me down.

One day, while thinking of another way to end my life, I suddenly understood that there was another way. I made a decision that brought me to a path in my life towards total recovery. Shortly after making that decision, I met a man who would walk me through a long session, lasting several months, to allow me to release my past emotions. Little by little, step by step, he took every experience within me and slowly unraveled it so I could release it.

Today, I am a strong, powerful woman. Today, I am married to that man. He is not a professional either but he has a natural ability to help people heal. I remember seeing one of my rapist in a store I worked at and I ran. Today, I no longer fear any of them and if I was ever face to face with them again, they would fear me!

Would you like your life back? Would you like to know how I was able to do it? It can happen to you but you have to want it bad enough.

[Buy my E-book](#) that tells of my escape from that brutal life. **WARNING: If you are emotionally unstable from your event, caution should be taken when reading. My experiences are of a graphic and violent nature in my book. Have someone close to you when attempting to read my biography.**

If you have a counselor or other professional, do not give them up. I am not a replacement. I am a survivor who made a full recovery. I am here to share with you how I was able to recover. I am here to offer hope and ask you to join us in the largest fight against rape, the laws that allow criminals to go free and an unjust justice system. If what I offer helps you, I am happy to contribute to your healing. Together, we can make a difference!

[Experience my 8 steps to recovery.](#)

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